

CHELAN-DOUGLAS RSN/PHP POLICY AND PROCEDURE MANUAL		Chapter:	2.18
Title:	MANAGED CARE SERVICES	Page:	1 of 3
		Date Effective:	October 25, 2005
Subject:	EVIDENCED BASED PRACTICES	Date Revised:	
		Authorizing Signature:	

AUTHORITY: Guiding Principle(s): Consumer Focused, Accessible, Effectively Managed
Chelan-Douglas Contract, Basic Agreement., RSN/PHP Services;
DSHS Title XIX Contract and Federal Waiver

SCOPE: This policy applies to Chelan-Douglas Regional Support Network/Prepaid Inpatient Health Plan (CDRSN/PIHP) and its contractors (agencies/providers), and subcontractors (referred to as contractors or agencies or providers throughout this policy).

PURPOSE: To ensure that Evidenced Based Practices are integrated within the provider network.

DEFINITIONS:

Evidence-based: A practice or program that has multiple site random controlled trials across heterogeneous populations demonstrating that the practice of program is effective for the population.

Consensus-based: A practice or program that has general support among treatment providers and experts, based on experience or professional literature, and may have anecdotal or case study support, or is agreed but not possible to perform studies with random assignment and controlled groups.

Emerging Best Practice or Promising Practice: Practice that based on preliminary information presents potential for becoming a research-based or consensus-based practice.

POLICY:

- A. The CDRSN/PIHP will ensure the integration of evidence-based, research-based, consensus-based and promising or emerging practices into its provider network. Utilizing Evidence-based Practices is an explicit priority.

1. DSHS Core Evidence-based Practices for Adults:
 - Assertive Community Treatment
 - Family psychological Education
 - Supported Employment
 - Dialectic Behavior Therapy
2. DSHS Priority Evidence-based/Promising Practices for Adults:
 - Illness Self Management
3. DSHS Core Evidence-based Practices for Children:
 - Multi-Systemic Therapist
 - Functional Family Therapy
 - Multi Dimensional Treatment Foster Care
 - Trauma Focused Cognitive Behavioral Therapy
4. DSHS Priority Evidence-based/Promising Practices for Children
 - Wrap Around
 - Dialectic Behavior therapy
5. DSHS Priority Evidence-based/Promising Practices for Older Adults
 - Gatekeeper for Older Adults
 - Medication Algorithms- Medicaid/MOSES
6. DSHS Priority Evidence-based/Promising Practices for Co-Occurring Disorders
 - Co-Occurring Mental Health/Chemical Dependency Treatment

B. Practices will be appropriate to address the needs of the ethnic, racial and cultural minorities living within the geographic boundaries of the CDRSN/PIHP, and consumer, family member and advocate input will be incorporated into the prioritization and implementation of such practices.

C. The Quality Management Oversight Committee is responsible for promoting consensus and implementation of the practices throughout the CDRSN/PIHP network.

D. Methods to monitor such practices and a system of ongoing utilization oversight are incorporated in the Quality Management Plan.

PROCEDURE: The CDRSN/PIHP has developed a task force of provider clinical staff, consumer family, and consumer representation to

consider Evidenced Based/Best Practice/Promising Practices.
The task force:

- Reviews and considers published Evidenced Based/Best Practice/Promising Practice information for integration and implementation into the CDRSN/PIHP provider network.
- Makes recommendations to the CDRSN/PIHP Management Committee and the Quality Management Oversight Committee as to which evidenced based practices to be considered for implementation within the provider network.
- The CDRSN/PIHP Management Committed also makes recommendations to the Quality Management Oversight Committee related to the recommendations of the task force.
- The Quality Management Oversight Committee considers the recommendations and when approved will direct the CDRSN/PIHP to implement the accepted Evidenced Based/Best Practice/Promising Practices in the provider network.